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School Spirit Shirt

Designed for Simply Spray by Linda Peterson

Design your own unique apparel quickly and easily, even if you think you have no artistic talent!



MATERIALS

T-Shirt in size of choice (white)

1 can of Simply Spray
for each team color

note - white uses the color of the t-shirt

Masking tape for striped shirt

Iron-on Letters of choice
(adult supervision required)

Iron

Container of water

Pencil

Paper Towels

Newspaper

Designer Notes: Your friends will be amazed when they find out you designed your own School or Team Spirit shirt! They'll have to have one of their own! This is also a great project for groups such as cheerleaders, sports teams or even for sleep-overs! Have an adult help you iron on the lettering.

Instructions:

Place newspapers inside of shirt.

Draw a line with a pencil to mark the area you want to remain white. Spray on color above and below this line, making sure fabric is fully saturated with color. Daub off any puddles of paint with paper towel.

Dip fingers into water and dribble on water droplets. You will notice the paint begin to take on water marks. Continue to dribble on water droplets until you have reached a satisfactory pattern. Remember this hint: less is more - if the fabric becomes too wet with water, the design will not appear.

Carefully flip shirt over and spray entire back with color of choice. Dribble on water to entire back side.

Allow to dry.

When dry place letters in desired position and have an adult press them into place with an iron according to the manufacturer's instructions.

Lay flat to dry. Wait 72 hours before washing. Turn inside out when washing and do not use fabric softener.