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Team Spirit Shirt

Designed for Simply Spray by Linda Peterson

Design your own unique apparel quickly and easily, even if you think you have no artistic talent!



Designer Notes: Your friends will be amazed when they find out you designed your own School or Team Spirit shirt! They'll have to have one of their own! This is also a great project for groups such as cheerleaders, sports teams or even for sleep-overs! Have an adult help you iron on the lettering.

Instructions:

Place newspapers inside of shirt.

The black stripes are 1" wide, white 1/4" wide and red is 3" wide.

Place tape on fabric according to the diagram. Cover any areas you DO NOT want to paint with masking tape (sleeves etc)



MATERIALS:

T-Shirt in size of choice (white)

1 can of Simply Spray
for each team color

note - white uses the color of the t-shirt

Masking tape for striped shirt

Iron-on Letters of choice
(adult supervision required)

Iron

Pencil

Paper Towels

Newspaper

NOTE: Because of contemporary styles today, it is not necessary to be exact on placing the tape down for your stripes. You can just "eyeball" it. The tape can easily be repositioned if necessary.

Paint exposed areas of t-shirt black. Daub off excess paint with paper towels.

Carefully remove masking tape for the red strip. Place new tape over black stripes extending 1/4" beyond stripe. See drawing. Spray red. Daub excess red paint with paper towels. Gently remove all tape and allow to dry.

When dry place letters in desired position and have an adult press them into place with an iron according to the manufacturer's instructions.

Lay flat to dry. Wait 72 hours before washing. Turn inside out when washing and do not use fabric softener.