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# Tropical Rain Bed Linens

Designed for Simply Spray by Linda Peterson

*Don't spend big bucks on designer sheets when you can design your own!!  
It's easy and fun ....and a little addicting too!*



## MATERIALS:

2-3 cans of Simply Spray  
in color (s) of choice (We used Blue Jay)  
per twin or full size sheet

3-4 cans of Simply Spray  
in color (s) of choice  
per queen size sheet

Chunky Foam stamps in designs of choice.  
We used a flower and leaf theme

1" wide paint brush

Dishwashing liquid

1 Cotton or Cotton blend sheet set in white

Acrylic paint in coordinating colors  
(optional)

Large piece of cardboard

clothespins

SKILL LEVEL: EASY - No experience necessary.  
Time to complete a large set of sheets 3-5 hours.

Designer Note: This project is very forgiving, no measuring is needed. You want variations in color and random patterns since this lends itself to the uniqueness of the project. You can achieve great effects by using dishwashing liquid. The dishwashing liquid acts as a resist. You will only see the true effect of the resist after the project has been washed and dried.

For reference, the sheets listed in the picture are queen size. 2-4 cans of Simply Spray are needed for a sheet this large depending on the amount of fabric paint placed on the fabric.

PILLOWCASES:  
Place newspaper, cardboard  
or wax paper inside the  
pillow case.

Paint two inch wide stripes  
with dishwashing liquid  
directly onto the pillow.

When finished painting  
stripes. Spray with color of  
choice. Flip over and spray  
the back. Sprinkle water  
lightly onto the back of  
pillowcase with fingers,  
creating a raindrop effect.  
Allow to dry. Wash in washing machine. Dry.



When dry, apply acrylic paint to stamp and randomly stamp pattern onto pillow case. You may also lightly spray fabric dye onto the stamp if desired.

FITTED SHEET:  
Work on small areas at a time, don't worry about the paint drying and leaving a line, the colors will blend together using this technique. Stretch corner over a piece of cardboard, secure with clothespins. Sprinkle the area with water. Do not cover entire area with water. Spray fabric with color of choice. Some spots may be lighter than others. Allow to dry for one minute. Lightly sprinkle the area again with water. You will notice that tiny little raindrops will appear. A little water goes a long ways, It's always better to stop when you think you have too little water on the sheet.

Move to the next area and repeat the above instructions. Be sure to spray over the line from the last area to blend. Gently sprinkle with water. Repeat this step until the entire sheet has been covered. Place in dryer to dry. Wash in cold water and dry as normal.

TOP SHEET:  
Paint dishwashing liquid onto chunky stamp and stamp as desired over 1/3 rd of the sheet. After desired pattern is stamped, Spray with color ending just before your last few stamps.

Repeat these steps until you have the entire surface stamped and sprayed. Allow to dry completely. Place in a washer with cold water and wash. Dry completely. When finished, paint acrylic paint onto stamp of choice and stamp pattern onto sheet.